



## SEX AND RELATIONSHIPS EDUCATION

St Nicholas School is working towards the UNICEF Rights Respecting School Award and promotes rights respecting values in all its policies



*The Governing Body of St Nicholas School review*

*This Policy on 19th July 2018*

*To be reviewed in 2 years from this date*

Signed \_\_\_\_\_

Headteacher

Signed \_\_\_\_\_

Chair of Governors

# SEX AND RELATIONSHIPS EDUCATION POLICY

## Introduction

‘St Nicholas School aims to provide learning experiences and care that enables all pupils to ‘form positive relationships and partnerships with their peers and adults’

(Taken from St Nicholas School Principles in our Teaching and Learning Policy)

The objective of sex and relationship education is to help and support young people through their physical, emotional and moral development. A successful programme, firmly embedded in PSHE, will help young people whatever their ability, learn to respect themselves and others and move with confidence from childhood through adolescence into adulthood. All young people, develop physically and emotionally, and need to be helped to understand their bodies and their feelings. This policy should be read in conjunction with the PSHE policy.

The Sex and Relationship Education programme will be delivered through the Personal Development (PSHE) programme and the Science curriculum.

- ☺ The SRE policy is also written in conjunction with the St Nicholas Schools ‘Teaching and Learning’ Policy’ particularly ensuring that ‘Children receive every opportunity to develop intellectually, physically, aesthetically, socially, emotionally and spiritually.

SRE Guidance (DfES 2004) provides the following definition:

*“It is lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality, and sexual health. It is not about the promotion of sexual orientation or sexual activity – this would be inappropriate teaching.*

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## Aims and Objectives

It has three main elements:

Attitudes and values

2. Personal and social skills
3. Knowledge and understanding

## Organisation, planning and delivery

Who is responsible for co-ordinating the subject?

Gillian Thatcher and Caroline Fitzgerald (PSHE co-ordinators)

How is it organised and covered?

SRE is part of our National Curriculum Science programme. Other aspects are taught mainly in PSHE lessons and lessons on relationships occur also in English and RE. Through planned lessons the children are able to develop their ideas, knowledge and skills gradually and appropriately.

Teachers have the main responsibility for teaching about SRE in the classroom and they plan and liaise with other specialists particularly our school nurse to ensure our pupils receive an up to date and balanced programme. If considered appropriate by the class teachers some sessions may be taught separately to boys and girls, however all content will be delivered to both groups.

We follow the Croydon SRE Scheme of work. The SRE themes taught to each year group are:

<i>Year R</i>	<i>Myself and others, Relationships, Family networks, Body awareness, Hygiene</i>
<i>Year 1</i>	<i>Myself and others, Relationships, Body Parts, family, Friendships and Choices</i>
<i>Year 2</i>	<i>Relationships, Body Development, Looking after the body, Safety, Secrets.</i>
<i>Year 3</i>	<i>Relationships, Self Esteem, Differences and similarities, Decision making, Safety.</i>
<i>Year 4</i>	<i>Relationships, Emotions, Change, Assertiveness.</i>
<i>Year 5</i>	<i>Relationships, Support Network, Puberty &amp; Hygiene, Reproduction &amp; Pregnancy.</i>
<i>Year 6</i>	<i>Resolving conflicts in relationships, Taking risks, Stereotyping, Personal Hygiene</i>

### Specific Issues within SRE

#### Withdrawal

Parents/Carers have the right to withdraw their children from all or part of the Sex and Relationships Education provided at school except for those parts included in statutory National Curriculum Science. Those parents/carers wishing to exercise this right are invited in to see the Headteacher and/or SRE Co-ordinators who will explore any concerns and discuss any impact that withdrawal may have on the child. Once a child has been withdrawn they cannot take part in the SRE programme until the request for withdrawal has been removed.

*Materials are available to parents/carers who wish to supplement the school SRE programme or who wish to deliver SRE to their children at home.*

#### Dissemination

All staff members and governors receive a copy of the SRE policy. Training is regularly delivered to staff on the policy content. Copies of the SRE policy are available from the school office on request from parents.

A short summary of the policy is included in the school prospectus.

The SRE/PSHE Co-ordinator facilitates the gathering of policy feedback from parents, staff, pupils and governors every two years.

