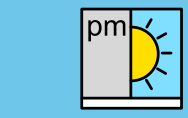
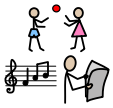
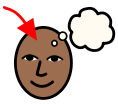
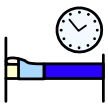
Visual Timetable

This is a suggested timetable of activities

morning	 afternoon
breakfast	learning time
exercise	 free time
learning time	activity
snack	dinner time
exercise	bath shower
 learning time	story time
lunch	 bedtime